






## SEEDS OF RELATIONSHIP-BASED COACHING PROGRAM

- 🌸 Designed for those seeking coach certification in Pre-K, TK, & Kindergarten environments
- 🌸 Supports understanding of SEEDS-Quality Interactions & the Big 5 Coaching Lens
- 🌸 Provides learning & application of SEEDS Coach Competencies within coaching scenarios
- 🌸 Outlines healthy & effective coaching of SEEDS strategies using SMARTE goals & a defined skill development cycle

 <b>SENSITIVITY</b>	 <b>ENCOURAGEMENT</b>	 <b>EDUCATION</b>	 <b>DEVELOPMENT</b>	 <b>SELF IMAGE SUPPORT</b>
<p>Acknowledge non-verbal &amp; verbal messages</p> <p>Actively watch, wait, listen for facts, feelings, &amp; intent</p> <p>Ask a variety of questions</p> <p>Build Strive for 5 conversational feedback loop</p> <p>Be aware of your own thinking</p> <p>Objective vs. Subjective</p> <p>Use Accountable Talk</p> <p>Avoid evaluative &amp; judgmental comments</p>	<p>Gather &amp; use objective information about:</p> <p>Quality Interactions</p> <p>Content</p> <p>Environment</p> <p>Data</p> <p>Program Expectations</p> <p>Use positive non-verbal messages</p> <p>Give more affirmation than praise</p> <p>Use voice to engage: tone, pace, volume</p> <p>Celebrate ordinary &amp; new successes</p> <p>Share gratitude for effort</p> <p>Use humor</p>	<p>Big 5</p> <p>Explicit instruction to program protocols</p> <p>Ask questions to promote planning</p> <p>Use Thinking Organizers</p> <p>Describe cause &amp; effect of actions</p> <p>Problem-solve using data</p> <p>Explicit modeling</p> <p>Think aloud</p> <p>Give immediate constructive feedback</p> <p>Provide resources</p>	<p>Maintain balance of teach/coach talk</p> <p>Learner is an active participant</p> <p>Learner reflects, analyzes, &amp; evaluates</p> <p>Learner reflects on current challenges &amp; joys</p> <p>Learner &amp; coach discuss, choose, &amp; document SMARTE goals</p> <p>Rehearse &amp; documents steps to accomplish goals</p> <p>Reflect on previous goal accomplishments</p> <p>Ask if there is anything more teacher would like to discuss</p>	

Focus on the Big 5  
Coaching Lens

SEEDS-QUALITY INTERACTIONS

BIG 5 EARLY LITERACY PREDICTORS & BIG 5 MATH IDEAS

ENVIRONMENT

DATA: CHILD/TEACHER

EXPECTATIONS: PROGRAM IMPLEMENTATION & STRATEGY

No matter how well trained people are, few can sustain their best performance on their own.

## That's where coaching comes in.

-Atul Gawande

SEEDS of Relationship-based Coaching framework is used with educators and leaders to ensure equitable outcomes for children in their programs through impactful instruction and interaction. This training is for anyone seeking coaching certification and/or will provide instructional coaching within their program.

### Learning Outcomes

- Apply pedagogy of mindsets, change management, and relationship science to instructional coaching.
- Learn, practice, and receive feedback on coaching strategies to increase teacher efficacy.
- Understand the role of bias and privilege in teaching and coaching to disrupt patterns of inequity.
- Identify the steps of the SEEDS coaching cycle and learn to reflect, plan, and set goals for the children and teachers you serve in your program.
- Identify and understand how to use the SEEDS tools and forms within your program to increase program fidelity and student outcomes by building teacher capacity.
- Demonstrate understanding of program expectations and best practices for SEEDS strategies and coaching educators to fidelity.
- Conference and network with peers and leaders to build personal capacity for healthy and effective coaching.

### HOW WE HELP

- ♥ Training
- ♥ Coaching
- ♥ Response-to-Intervention

### CONTACT

FluentSeeds



[www.fluentseeds.org](http://www.fluentseeds.org)

