



SEEDS OF RELATIONSHIP-BASED COACHING PROGRAM

- Designed for those seeking coach certification in Pre-K, TK, & Kindergarten environments
- Supports understanding of SEEDS-Quality Interactions & the Big 5 Coaching Lens
- Provides learning & application of SEEDS Coach Competencies within coaching scenarios
- Outlines healthy & effective coaching of SEEDS strategies using SMARTE goals & a defined skill development cycle



SENSITIVITY

Acknowledge non-verbal & verbal messages

Actively watch, wait, listen for facts, feelings, & intent

Ask a variety of questions

Build Strive for 5 conversational feedback loop

Be aware of your own thinking

Objective vs. Subjective

Use Accountable Talk

Avoid evaluative & judgmental comments



ENCOURAGEMENT

Gather & use objective information about:

Quality Interactions

Content

Environment

Program Expectations

Use positive non-verbal messages

Give more affirmation than

praise

Use voice to engage: tone, pace, volume

Celebrate ordinary & new successes

Share gratitude for effort

Use humor



EDUCATION

Big 5

Explicit instruction to program protocols

Ask questions to promote planning

Use Thinking Organizers

Describe cause & effect of actions

Problem-solve using data

Explicit modeling

Think aloud

Give immediate constructive feedback

Provide resources



DEVELOPMENT

Maintain balance of teach/ coach talk

Learner is an active participant

Learner reflects, analyzes, & evaluates

Learner reflects on current challenges & joys

Learner & coach discuss, choose, & document **SMARTE** goals

Rehearse & documents steps to accomplish goals

Reflect on previous goal accomplishments

Ask if there is anything more teacher would like to discuss S

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SEEDS-QUALITY INTERACTIONS

Focus on the Big 5 Coaching Lens

BIG 5 EARLY LITERACY PREDICTORS & BIG 5 MATH IDEAS

ENVIRONMENT

DATA: CHILD/TEACHER

EXPECTATIONS: PROGRAM IMPLEMENTATION & STRATEGY

No matter how well trained people are, few can sustain their best performance on their own.

That's where coaching comes in.

-Atul Gawande

SEEDS of Relationship-based Coaching framework is used with educators and leaders to ensure equitable outcomes for children in their programs through impactful instruction and interaction. This training is for anyone seeking coaching certification and/or will provide instructional coaching within their program.

Learning Outcomes

- * Apply pedagogy of mindsets, change management, and relationship science to instructional coaching.
- * Learn, practice, and receive feedback on coaching strategies to increase teacher efficacy.
- * Understand the role of bias and privilege in teaching and coaching to disrupt patterns of inequity.
- Identify the steps of the SEEDS coaching cycle and learn to reflect, plan, and set goals for the children and teachers you serve in your program.
- # Identify and understand how to use the SEEDS tools and forms within your program to increase program fidelity and student outcomes by building teacher capacity.
- * Demonstrate understanding of program expectations and best practices for SEEDS strategies and coaching educators to fidelity.
- Conference and network with peers and leaders to build personal capacity for healthy and effective coaching.

